

**Wow, what a year of change and excitement it has been!** We have said farewell to 6 staff as they celebrate welcoming their babies into the world. In return we have been blessed with the fantastically talented new staff who have joined our team.

We understand how important it is creating that trusting relationship between you and your stylist or beauty therapist, and we acknowledge it can be initially a little unnerving meeting someone new.

You can trust in the fact that I select professionally trained and value-based staff for the Face and Body Clinics.

Thank you to both, my staff and clients, for transitioning through those changes in 2011. We really value your support and wish to thank you for making the transition a smooth one. We shall enter the Auckland Business Awards in 2012-it is three years since our winning team won the trophy. **We shall plan to go forth with our new team and be as successful as we were in 2003, 2005 and 2009!** As 2012 marks a wonderful birthday for Face & Body and we are thrilled to be celebrating our 21st year of service.

## What's Hot

### CLEAR SCALP SHAMPOO

We are delighted to be able to offer you the **New SP Scalp line**, designed to care for your individual hair and scalp needs.

The range is skin compatibility dermatologically tested and includes:

**Clear Scalp Shampoo** for removing dandruff gently and efficiently and protects against new dandruff formation from first wash.

**Clear Scalp Shampeling**, a regulating intensive anti-dandruff treatment. Sustainably fights even stubborn dandruff. Long-term freedom from dandruff for up to 2 months after regular course of treatment.

**Clear Scalp Lotion** fights dandruff formation and prevents irritation of the scalp.

**Clear Scalp Mask**, an intensive anti-dandruff scalp care.



### WELLA SP SUN UV SPRAY

We're all aware of the risks we face by exposing our skin to the sun's rays but not many of us know that UVA and UVB rays have the power to damage the hair from the cuticle to the inner structure of the hair.

**Signs of sun damage include:** • Faded colour • Split ends • Frizziness • Weak, dry and brittle hair

The **Wella SP Sun UV Spray** offers an intense boost of sun protection, effectively protects your hair and colour from the damaging effects of the sun and UV rays. Water resistant, it's a must for summer holidays by the beach or pool.

With a non greasy formula, Wella SP Sun UV Spray leaves your hair looking natural but with boosted protection. Refreshing to the hair it means you don't need to compromise your hair's condition while enjoying fun in the sun! **\$34**

### EYE CARE

The eye is surrounded by the thinnest tissue on the face with very little support structure, leaving it vulnerable to wrinkles and signs of ageing. This is why this area needs special care and attention every day.

At Face & Body we have two Joyce Blok eye creams.

The **Eye Care Cream** is a protective and emollient cream which helps to firm, rejuvenate and hydrate the delicate eye contour area. Vitamin E and Proteodermin aid healthy new skin growth for firmer, smoother skin. **\$41**

Alternatively the **Eye Contour Gel** is for those who are

particularly concerned with signs of ageing. Containing BioCare SA, a complex which offers three way action to help soften visible lines, restore elasticity and smoothness. Instantly tightens and lifts wrinkles. **\$41**

### JOYCE BLOK CHRISTMAS GIFT COLLECTIONS:

**A Christmas must-have.**

These Festive Marigold, Neroli, Rose and Time (anti-ageing) Gift Sets all contain a Cleanser, Tonic Lotion, Day Cream and Night Cream.

These are proving to be very popular yuletide indulgences for your Facial Skin Care.

**Priced at \$113 and \$195.00... Savings range from \$39 - \$55**

These are limited edition sets so call today to ensure you don't miss out.



### NEW TREATMENTS

**Dermal Micro Needling**

The most natural way to regain youthful appearance without the use of chemicals, lasers or surgery.

Dermal Micro Needling is our latest Beauty Therapy treatment that stimulates the body's natural collagen production. The Dermal Micro Needling to the skin, means the body will respond with increased fibroblast activity, Collagen and Elastin production is increased and new skin cells are generated and bloody supply is enhanced. Book for 2012. **\$195** - inclusive of roller and consultation.

**Benefits include:** • Softens fine lines and wrinkles

- Restores skin's elasticity and strength
- Reduces acne scarring
- Fades unwanted pigmentation marks
- Improves stretch marks
- Reduces pore size, see our website for further details.

### BONZA BRONZE SPRAY TAN COLOUR...

**Spray Tanning has arrived in both Clinics...**

You will be browned off if you don't try this Face & Body Spray Tan.

It is not orange coloured, it doesn't smell like lollies, it doesn't stain your clothes and you can have a half or full body spray in under 30 minutes.

An instant natural-looking tan for nine days

Ideal for teenagers and men and woman of all ages.

**Full Spray Tan = \$49.00**

**Half Body Spray Tan = \$35.00**

And it is formulated to both hydrate and moisturise the skin.

More information on [www.faceandbody.co.nz](http://www.faceandbody.co.nz)

~ Staff News ~ Staff News ~ Staff News ~ Staff News ~

**Natasha:** Has returned to NZ from Sydney and is completing her Bachelors Degree while working on reception part time for the Blockhouse Bay clinic. Keep an eye out on her Facebook page for updates. **Olivia:** Has 10 years experience and is our new senior Beauty Therapist at the Blockhouse Bay clinic, who joined the team to replace Mel. Has two beautiful daughters. **Nicole:** Call now to book your essential summer waxing and Electrolysis with Nicole at Blockhouse Bay. **Kathryn:** Will continue to work part time on reception whilst studying at University. **Bethany:** Blockhouse Bay's cheery Tuesday night receptionist. Enjoying her weekend soccer. **Mel:** Is on maternity leave at present, thrilled at the arrival of Lily. **Jasmine:** After 4.5 years of wonderfully cheerful and amazingly efficient service we farewell Jasmine as she begins her career in Interior Design. Face and Body have supported Jasmine through her Interior Design Diploma and it just seems like yesterday when you stopped me in the Green Bay Supermarket to ask for a job Jasmine!. We wish you the success you deserve and I thank you for your wonderful Service and Loyalty to Face and Body. **Chelsea W:** Looking forward to welcoming her first child, a baby boy, due to be born late January. **Natalie:** The Team welcomed Natalie in September, a passionate and talented beauty therapist. Treat yourself to one of her pampering facials. **Lacrescia:** Excited for 2012's training focus on Advanced Cutting and Styling skills. Plans on enjoying a quiet family Christmas break with her new daughter

Isla, and son Flynn and her husband. **Cam:** Is enjoying early maternity leave, resting up before the exciting arrival of her twins, due early May. **Jacqueline:** The Face & Body Team was lucky to have Jacqueline join us in September, with 17 years experience. Book now for a fabulous summer style. Planning her wedding in April 2012. **Louise:** Enjoyed her two-day advanced cutting course at Wella Studios. Planning a well-deserved family trip overseas to the UK in mid-May 2012. **Julie:** Mastering her training for Dermal Micro Needling – will work all her hours in the Titirangi clinic from 2012. Available additional hours prior to Christmas to care for her clientele. **Sarah:** Newly-wed Mrs Rogers continues to wow her clients with her amazing massage talent. Book now to experience an hour of bliss. **Brittany:** Has completed her Bachelor of Design at AUT and is looking forward to her working-holiday next year in the USA. **Chelsea J:** Excited for summer holidays and to be attending University and working part time at Titirangi. **Val:** Holidaying with her family and grandchildren over Xmas and then back on wages duty in January. **Margaret:** Walked the Auckland half marathon over the Harbour Bridge and the Keri Keri one in November, looking forward to 2012 and entering The Business Awards. **Luise:** Talented stylist – trained with Vidal Sassoon in London – has joined the team, planning to complete a 'Half Iron Man' in 2012. **Lisa:** Welcome to our fabulous beauty therapist; enjoy her 'healing hands' massages and facials.

### Bestow Beauty Truffles

#### Ingredients\*

- 1 cup finely chopped dried apricots or dates
- 1 cup raisins
- 1 tablespoon honey
- 250g ricotta cheese
- 1 cup coconut
- 1 dessertspoon of Bestow Beauty Oil - in Salon \$32

#### Directions

Simply mix ingredients together and form into small balls about the size of a walnut. Dust with extra coconut and serve. Store in the refrigerator or they can be frozen.

\* Organic produce is preferable but not essential.

### Baby News...

Congratulations to our staff and their partners...



- A son for Amy and Don in October: **Dustin**
- A daughter for Mel and Brent in October: **Lily**
- A daughter for Lacrescia and Sam in May: **Isla**
- A son for Sara and Matt in October: **Blake**
- Chelsea is due in January with a **boy**
- Cam and Kyle are expecting **twins** in 2012!

## January Special *quench, boost & refresh*

In January this fabulously relaxing and skin soothing "Quench, Boost, Hydrate" Facial will be available. However it can only be on limited supply due to the exceptional savings you are making.

This is the Face and Body welcome to 2012 created especially for you.

Pre-book as we have only 27 packages available.

Valued at \$191.00.....you pay only \$99!

Pay \$99.00 and receive:

1. A one hour relaxing and skin quenching Facial Skin Treatment plus a scalp massage...Valued at \$109.00

2. A full sized Neroli Sensitive Moisturiser [60 ml]...valued at \$39

Moisturise, soothe, nourish and replenish your summer dry skin with this soft cream, enriched with natural oils and essential vitamins. The light texture is easily absorbed leaving your complexion feeling satin soft and smooth.

3. A Gentle Facial Exfoliant [15ml]...Valued at \$13

Refresh, renew and energise your skin with this exceptionally effective yet delicate exfoliating cream. Tiny particles gently polish and cleanse to leave your skin looking and feeling smoother, softer and more supple.

4. A Face and Body Spray Tan Voucher to use or Gift ...Valued at \$15

5. A soft zipped make-up kit bag coloured baby blue!...Valued at \$15

### You need 7 teaspoons of sunscreen!

- An average sized adult needs 7 teaspoons of broad spectrum SPF 15 OR 30 to protect exposed arms, legs, face, neck and ears. Sunscreen is effective for only two hours after exercise or swimming so reapply generously.
- Scientific evidence from [www.melanoma.org.nz](http://www.melanoma.org.nz) says that NZ has the highest rate of melanoma skin cancer.
- Excessive UV rays can cause pre-mature ageing, wrinkles, and skin damage and discolouration pigmentation. Plus sunburn, and skin cancers that can be deadly.
- Let's all encourage our family and friends to use sun protection daily.
- We stock excellent broad spectrum Sun block for your Face and tops of your hands! \$35 for 125ml.

Win prizes and read amazing articles on our Facebook Page.

Search with the link below and 'Like' us on Facebook.

We want to expand our friends on Facebook in 2012

Face & Body - Beauty Therapy, Hair Dressing and IPL



**Face & Body is open over the Christmas & New Year** For your convenience, we shall be open at both Titirangi and Blockhouse Bay

*Blockhouse Bay Clinic 2012 We shall be open from Tuesday to Saturday in 2012. Sunday and Monday will be a staff-allocated weekend.*

I personally would like to thank all of our loyal clients for their continued support and constant referrals of their friends and colleagues to our teams at Face & Body. Remember 'You go where your thoughts take you', so stay positive and put a sense of humour in your survival kit for all of 2012. We all look forward to caring for you.

**Yours Positively, Margaret Walsh – Director, Face & Body – [www.margaretwalshconsulting.co.nz](http://www.margaretwalshconsulting.co.nz)**