

"Let's all become Smooth Operators" in 2010!

This Autumn I am encouraging you all to consider adding exfoliation into your skin-care regime. Once you introduce your skin to an exfoliation routine it becomes a smooth, soft, glowing and healthy window to the world. Include your Face, Décolleté, Back, Body and Hands with: Microdermabrasion, Alpha-Beta Fruit acids, Pure Fiji Coconut Sugar Glow, Living Nature, Pure Fiji Joyce Blok Exfoliation Home Care products and the colourful Riffi Shower Mitts. Removing your dead skin cells allows plumper, healthier and smoother skin cells to appear, giving your skin and self esteem a HUGE boost. I guarantee that you will become life long converts!

- Our new 2010 specials enable your money to go further!
- And remember these Specials have limited numbers so call early to book so as not to be disappointed.



What's Hot

Mothers' Day "Seriously Deserved" Rejuvenation Package

Are you up to the Challenge?

Will you? Let us help you! This year allow Mum to enjoy an overwhelmingly gorgeous 1 hour Pamper to escape the realities of life. When you purchase a beautifully wrapped 'Seriously Deserved Rejuvenation' Package you are gifting the following sensation:

Close your eyes and imagine this Bliss. Candles are burning. Soft relaxation music is playing. We'll start with a gentle exfoliation of your legs and arms using organic sugar cane mixed with exotic nut oils. Then once your skin is as smooth as silk we'll lavish your legs and arms with a nourishing Pure Fiji Body Masque. Next a Relaxing Scalp massage will send tingles down your spine. Now turn over and start the heavenly sensations all over again on your back. To end, a de-stressing lomi lomi back massage which will leave your body and soul soothed, replenished and rejuvenated

Now open your eyes and phone us to book the real thing!

- A 'Seriously Deserved' One Hour Gift Voucher
- Plus a Delicious Retail Sized Pure Fiji Body Butter
- Usually \$149.99. **NOW \$129 SAVE \$21**

Top of the Line Skin Rejuvenation Special for Winter.

In May and June we will offer the LIGHT-FANTASTIC special with the ever popular IPL and Microdermabrasion special **PLUS** an amazing Vitamin Therapy series of Facials.

If you want to be on the mailing list phone or email us through the website www.faceandbody.co.nz Watch the website and the roadside blackboard for this amazing special...

Let's hear it For the Boys! In May

JB MAN has arrived. Combining effective performance with an ultra-efficient experience, the new JB MAN range is a straight forward two step system, specifically engineered for the precise skin care needs of men. Think of our son's, brothers, partners, husbands and friends. This range includes a Daily Cleansing Scrub to brighten and exfoliate and an oil-free Daily moisturizer to soothe and refresh.

Callus Peel has arrived!

The best treatment for those dry disgusting heels that we all get, men and women alike, over the summer from wearing flip-flops and mules. Book to have the Heels done now. \$55. No blood. No pain. No knives!

~ ~ ~ Staff News ~ ~ ~

Camilla. Welcome Cam. A Senior Stylist with 15 years of Hair Styling experience. Has settled her two children into Titirangi Schools.

Evelyn. Good luck with your impending role of Motherhood. Evi is thrilled Cam has joined us to care for her clients.

La'cresia. Congratulations – completed "Round the Bays".

Jasmine. Thoroughly enjoying organizing Margaret and the clinic from her Reception Desk! Even bakes for the Saturday crew on occasions! Studying Interior Design.

Amy. Having trouble deciding on a Hair Colour? See Amy, our Colour Whizz. Just back from London and is enjoying the music scene in Auckland.

Chloe. Completing a Post Graduate Make-up training Course in April and will be available for make-overs, weddings, ball and 21st make-ups in salon.

Mel and Liz. Completed Advanced Post Graduate work at Joyce Blok for Skin Care in March plus Reflexology Training. Both therapists available at the Blockhouse Bay Clinic. Ph 627 5924.

Ingrid. Studying Beauty Therapy and Electrology at Elite part time this year and assisting on reception at Blockhouse Bay Clinic.

Sarah, Liz, Michelle. All completed Hot Stone Massage, Joyce

Blok Skin Care plus Reflexology training in Feb and March this Year.

Chelsea. Completed IPL training plus the most important Laser and IPL safety certificate which both Julie and Margaret hold.

Kirsty. New receptionist @ BHB Clinic: Welcome!

Kathryn. Our cheerful part time evening receptionist at BHB Bay juggling School and Netball along side work. Well done.

Monica and Brittany. Our part time Titirangi Reception team, who are juggling study, tennis and reception!

Val. Our part time team member who presides over the wages books resides at Pine Song Resort and is gearing up for "end of year" financials with Margaret!!

Louise. Congrats to Mrs Noakes, welcome back after your beautiful wedding. Needing a permanent wave in your hair? Speak with Louise.

Julie. Young James, born 31st October 2009 has given his mother Julie, permission to return to work on Mondays at the Blockhouse Bay Tuesday and Thursday every 2nd Sat at Titirangi clinic.

Margaret. Invited to join IOCEP. International Organisation of Continuing Education Providers. If you or your work place are looking for a motivating speaker then please contact me on www.margaretwalshconsulting.co.nz

WOW

 **joyce blok**
natural skin care

April sees the arrival of the NZ Brand Joyce Blok to both Titirangi and Blockhouse Bay Clinics. **Joyce Blok Natural Skin Care** is New Zealand's original skin care range.

For more than 30 years it has offered superb quality, natural-source, active products to suit local climatic and skin care needs. Natural source extracts are included and the vitamin anti-oxidant serums offer defense against environment ageing and boosts collagen production! To add to your night care routine are the powerful concentrated enhanced care ampoules to be worked into your skin with firm pressure prior to your rejuvenating night cream. In March our Beauty Therapy Team completed the extensive training. And these marvelous skin cocktails are available now. Phone for a consultation and skin treatment.

The Clean Slate Microdermabrasion Special is keeping us so busy in April!!

"Rescue Me in May" – all for just \$85! May 2010 our Joyce Blok Alpha-Beta Radiance Package encourages you to build on the 'Clean-Slate' Special of April. You will enjoy the benefits of an Alpha-Beta treatment peel, **plus you will receive a Radiance Cream to take home.** The Alpha-Beta range is an excellent rescue remedy for dull, devitalized skin. The fruit acid breaks down the "glue" that sticks dead skin cells to the surface to prevent them sloughing off naturally. More information on www.faceandbody.co.nz and YOUR Beauty Therapist will organize your booking for or May in salon. Phone reception to book on 817 4807 and 627 5924.

Concerned with the condition of your hair?

Looking for a gentle ammonia-free formulation?



Welcome to our **Wella Colour Touch April Special...**

LIGHT DANCING WITH COLOUR offers

- The latest colour trend
- Multifaceted colour
- Shine infused radiance
- State of the Art system that lasts up to 24 washes!

Book NOW for this new luminous colour service from **Face & Body. We have 37 specials only available to our clients.**

After your 'Light Dancing with Colour Treatment'... Purchase an SP Colour Saver Product and Face & Body **will give you a second product from the SP Range with our compliments!**

6 Steps to Sensational Hair

After months of hot temperatures and high humidity comes frizz, oiliness, dryness, straw-like stands and faded life-less colour. Ask the Face & Body Experts about these tips from Anthony Nader.

- 1. Frizz Busters.** Must use our SP Hydrating products, apply a moisture treatment each week, Leave-in moisturizing conditioner is essential. Spray or cream. At home; Rinse in cool water and pat, not rub, hair dry.
- 2. Volume Control.** Limp hair? Grow out layers or wear a little shorter style; add colour as it creates the illusion of fullness. Use large round brush to style with. We have them in Salon for you. Use our SP Volume products, applied at the roots and ends of your hair.
- 3. Damage Control.** From salt, chlorine, over styling with GHD and dryer. Have 6 weekly trims for split ends. Use SP moisture rich and repair products. Use heat-shield products, available in salon for GHD use and use leave in SP hydration products.
- 4. Colour Protection.** Colour fade is accelerated by UV rays and swimming. Use our SP Colour Lock Shampoo and Masques with UV protection, leave in treatments and of course wear a hat.
- 5. Unruly Curls.** Curly hair has a zig-zag shape and coarse cuticle so you are special! But this makes the hair prone to dryness. A great cut helps but emi-permanent colour always conditions and shines so it is the perfect solution for you. Remember our Wella semi is ammonia free and good to do for 24 shampoos. We have SP Curl specific products so ask your stylist for them.
- 6. Banish oil Slicks.** Warm weather triggers oil production as we sweat more and the oil is spread further to counteract the water on our surface. Use SP Regulating products, when styling use low heat and try not! to over shampoo as it exacerbates oiliness. Twice a week is fine.

A Skin Smoothie \$32.00 – 'Bestow' your skin smooth!

This recipe is made with the wonderful NZ created organic BESTOW Beauty Oil that we stock. With equal qualities of Omega 3 and 6 it has a multitude of health benefits and your skin loves it. We can feel and you will see the difference in your skin when you are taking BESTOW.

- ½ quantity of yogurt/soy milk/regular milk • ½ of apple or pineapple juice
 - 1 banana and honey to taste (optional) • ¼ tsp brewers yeast
 - 1 tablespoon of BESTOW Beauty oil • 1 handful of fresh or frozen berries
- ...all in the blender and enjoy! *One eczema-ravaged client trialed it and now her cousin and nephew are using it too!*

TASTE OF WAIHEKE CELEBRATION...

Woo-hoo on the last Sunday in May!

Over the last 10 years Face & Body have won 3 Prestigious Waitakere City Business Awards and a New Zealand Beauty Therapy Association Award **'Professional Skin Care Clinic 2000'**.

Therefore, all 19 of us are off to celebrate the 100% that our team provides at work. Waiheke Wine and Food Tour here we come. Check the photographic evidence on www.faceandbody.co.nz.

Face and Body love our clients to stop smoking. When you give up, **Oxygen will be able to return to your tissues.** Your fresh skin cells glow with oxygen excitement and together we create **fabulously fresh smoother younger looking skin.** **A deal for you:** Give up. Bring a note from Vicki to confirm this. AND we will reward you with a back and neck massage. One six hour Sunday Seminar is usually all it takes to get free, with the security of a money back guarantee and Vicki lives in Titirangi! – 0274 177 077 or 09-817 5396 – www.easywaynz.co.nz

I personally would like to thank all of our loyal clients for their continued support and constant referrals of their friends and colleagues to our teams at Face & Body. Remember 'You go where your thoughts take you' so stay positive and put a sense of humour in your survival kit for all of 2010. We all look forward to caring for you.

Yours Positively,
Margaret Walsh – Director, Face & Body – www.margaretwalshconsulting.co.nz

Titirangi Ph: 817 4807 Blockhouse Bay Ph: 627 5924

www.faceandbody.co.nz